



THOMAS
MEMORIAL
LIBRARY

NEWS & EVENTS FOR ADULTS

MARCH
2024

FIRST FRIDAY ALL AGES BOARD GAME NIGHT!



Friday, March 1
5:30 - 7:30 pm
in person

Enjoy an after-hours evening of retro gaming at the library! We'll break out our collection of board games, puzzles, and playing cards, but participants are also welcome to bring a favorite. Spread out in the library and play with your friends, or challenge the people next to you! The library will provide drinks and snacks. Game Night is for all ages! (Children must be accompanied by an adult.)

Please register in advance!

MOSSY MARCH THERAPEUTIC HORTICULTURE WORKSHOPS



with Laura Simonds-Rumpf
& Colleen E. Griffin

Thursday, March 7
Thursday, March 21
2:00 - 3:00 pm
in person

Join us as we welcome back two local registered horticultural therapists, who will lead us in making kokedama, an ancient Japanese horticultural technique. All are welcome, but attendance is limited.

Registration required.

CAPE ELIZABETH HISTORICAL
PRESERVATION SOCIETY PRESENTS

SEA RESCUES: PRESENT AND PAST

Tuesday, March 12
6:30 - 8:00 pm
in person



Cape Elizabeth Historical Preservation Society and Cape Rescue Team members will present this program on sea rescues past and present that have taken place in our region of Maine. The WETeam will talk about their most recent rescues and CEHPS volunteers will explore the history of sea rescues at the Two Lights Lifesaving Station. We invite you to join TML and CEHPS for this informative presentation and to bring your stories to share as well! All are welcome!

DON'T BE A VICTIM SCAMS AND FRAUD PREVENTION

with the Cape Elizabeth
Police Department

Tuesday, March 19
2:30 - 3:30pm
in person



Have you ever gotten one of those unsettling phone calls, emails, or knocks at the door that you think might be a scam but aren't sure? Learn more about how to protect yourself at this talk with Officers Darin Estes and Ben Davis from the Cape Elizabeth Police Department. This discussion will include information about different types of scams, how to not become a victim, and what to do if you do become a victim. All are welcome!

CAPE ELIZABETH GARDEN CLUB PRESENTS FROM GARBAGE TO GARDEN



Thursday, March 21
6:30 - 8:00 pm
in person

Annika Schmidt from **Garbage to Garden** will speak about the issues of food waste, organics in our waste stream, and the solutions provided by composting.

THE TROUBLED HISTORY OF MALAGA ISLAND

with Maine State Archivist Kate McBrien



Tuesday, March 19
6:30 - 7:30
via Zoom

In 1912, the State of Maine evicted a community of African American and white residents from their homes on Malaga Island, just off the coast of Phippsburg, ME. Learn about this important story that was hidden for so many years.

BEYOND THE HUMAN VIEW EXPERIENCE THE WORLD LIKE OTHER SPECIES

with Annie Novak



Wednesday, March 20
6:30 - 8:00 pm
via Zoom

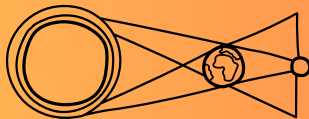


What would happen if we all stopped to smell the roses like an aphid, or took an actual bird's-eye view? Come explore what it might be like to experience the world through the sense systems of non-human species.

EDISON AND THE ECLIPSE THAT ENLIGHTENED AMERICA



Wednesday, March 13
6:30 - 7:30 pm
via Zoom



With the total solar eclipse of 2024 rapidly approaching, author **David Baron** shares a pertinent tale from the distant past. In the summer of 1878, a similar eclipse traversed America's Wild West, darkening the frontier while rousing the ambitions of an entire nation. The event lured to the Rocky Mountains many of the era's great minds—including Vassar College astronomer Maria Mitchell, who headed an all-female expedition to Denver, and a young Thomas Edison, who after observing the eclipse in Wyoming soon lit the world with his most famous invention. Baron recounts the tale of this historic event in his book **American Eclipse**, which the Wall Street Journal praised as "a sweeping, compelling portrait of the scientific and social aspirations of Gilded Age Americans." *Please register to join us via Zoom.*

TML NIGHT AT THE PLANETARIUM



Tuesday, March 26
6:30 - 8:00 pm

at the Southworth Planetarium

Before you venture out to observe April's total solar eclipse, come see **Totality!** with TML at the Southworth Planetarium! The planetarium, at 70 Falmouth St, Portland, will be open for TML patrons only tonight for a showing of their new solar eclipse how. How do solar eclipses happen? Why are they so rare? What will we see? This show explores all of these questions and delves into the dynamics of solar eclipses. Please register in advance!

FREE BLOOD PRESSURE AND/OR BLOOD PRESSURE SCREENING

with the Cape Elizabeth Fire/Rescue
Department

Wednesday, March 27
2:30 - 4:30 pm

Drop in--no appointment necessary!



RECURRING EVENTS

Find details about our regularly
occurring events on the
other side of this page.



DO YOU WANT TO CONNECT WITH OTHERS?

ATTEND ONE OF OUR RECURRING GROUPS!

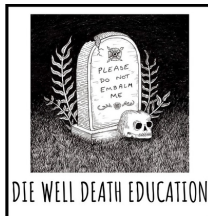
FIRESIDE READING

Tuesdays
5:30 - 6:30 pm

FIRESIDE WRITING

Thursdays
5:30 - 6:30 pm

You could sit at home and write, but will you? You could sit at home and read, but there are dishes to wash and the TV on the wall... **Fireside Writing** gives you the space and opportunity to work alongside fellow writers and reach your writing goals. **Fireside Reading** gives you the chance to settle in among other readers and spend some quality time reading. Join us by the fire for tea and quiet time among your fellow humans. No registration necessary!



TALKING ABOUT DEATH

two monthly programs led by
Leona Oceania of
Die Well Death Education
No registration necessary--
visit our website
for more informaton!

Death Education Series: Session Six

Tuesday, March 5, 6:30 - 8:00 pm

This session we'll discuss MAID: Medical Aid in Dying; focusing primarily on Maine's Death with Dignity Act, and VSED: Voluntary Stopping of Eating and Drinking, which is a legal option for any mentally capable, determined, well-informed person as a means to advance the time of their death. (It is not necessary to have attended previous sessions.)

Pond Cove Death Café

Tuesday, March 18, 6:30 - 8:00 pm.

A monthly group-directed conversation about death with no agenda, objectives, or themes - with cake! (not a grief support or counseling session)

BIG CONVERSATIONS IN 10 SHORT MINUTES

Saturday, March 16
10:00 - 11:00 am
via Zoom



At virtual gatherings throughout the winter, you have the chance to meet people from other communities across the state for conversations that are as engaging as they are brief. Each event will randomly pair participants with partners for 10-minute (non-political) conversations focused on simple, intriguing prompts. Attendees will get to have three separate conversations with three other strangers from across Maine.

Please register on the library's website.

Fika (Coffee Break)

Wednesday - Saturday, 10:00 - 11:00 am (via Zoom)

Come take a daily virtual coffee break with folks near and far to share thoughts and ideas, stories and laughter, and gain different perspectives.

Guerilla Poetry Whoop

2nd Thursday, 6:30 - 7:30 pm (via Zoom)

Share our favorite poems and poets with one another in a fun, relaxed atmosphere. Please bring 2-3 favorite poems that you'd like to share with the group.

Eldering Conversation Group

Wednesdays, 1:00 - 2:00 pm (in-person & via Zoom)

Talk, share, or just listen to what neighbors, friends, and members of our community have to say about their experiences.

Songwriting Workshop, with Jud Caswell

1st Tuesday, 6:30-8:00 pm (in-person)

Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us to bring in your work and get expert advice from award-winning songwriter, Songwriters of all levels and abilities are welcome!

Afternoon Book Group

3rd Thursday, 3:00 - 4:00 pm (in-person & via Zoom)

Our adult book group is lead by Access Services Librarian **Kevin Goody**. Book selections are chosen by the group each month for the following meeting, and alternate between fiction and nonfiction titles.

Pod Complex: A Podcast Listening Club

1st Thursday, 5:00 - 7:00 pm (via Zoom)

Explore a wide variety of podcasts on all different topics, in all different styles and then turn a critical eye on them as we discuss each month's fresh selection. Listen on your own time at home, or join us for the first hour as we listen together, with a lively discussion to follow in the second hour.

Big Little Lit: Children's Books for Grownups

3rd Wednesday of the month, 11:00 am - 12:00 pm (in person AND via Zoom)

Library Director Rachel Davis was TML's Children's Librarian for 27 years. Join her at this monthly book group for adults, featuring outstanding literature written for children, but enjoyable at any age.

Thank you to TMLF for helping to make our programs and events possible! Scan the code below to learn more about them, or visit their website at ThomasMemorialFoundation.org





THOMAS
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NEWS & EVENTS FOR TWEENS & TEENS

MARCH
2024

FIRST FRIDAY ALL AGES BOARD GAME NIGHT!



Friday, March 1
5:30 - 7:30 pm

Enjoy an after-hours evening of retro gaming at the library! We'll break out our collection of board games, puzzles, and playing cards, but participants are also welcome to bring a favorite. Spread out in the library and play with your friends, or challenge the people next to you! The library will provide drinks and snacks. Game Night is for all ages! (Children under 11 must be accompanied by an adult.)

Please register in advance!



Thursday, March 28
3:00 - 4:00 pm

For ages 11+ Join us for our very own Dungeons & Dragons campaign! Dungeons & Dragons is an RPG game where players form a party and explore fantasy worlds together as they embark on epic quests and fight epic battles! This program is for all levels of players (Master, Advanced, and or Beginner.)

Registration is required!



#LIBRARYSQUAD

Ages 11 - 13

First Friday of each month
March 1: 2:45 - 3:45 pm

Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions, ideas, and help form the foundation of our programming. Library Squad meets after school on the first Friday of each month from 2:45 - 3:45 at the library.

CALLING ALL WRITERS!

Are you a young writer looking for a way to practice your craft? Our new groups will focus on exploring the imagination through fiction, poetry, and creative nonfiction. Visit our website for more information!



Ages 10 - 12

First **Thursday** of each month
3:30 - 4:30 pm

This month: **March 8**
Next month: **April 4**



Ages 13+

Second **Saturday** of each month
2:00 - 3:00 pm

This month: **March 9**
Next month: **April 13**



TEEN LEADERSHIP COUNCIL

Last Friday of Each Month,
2:45-3:45 pm
This month: **March 29**

The Teen Leadership Council (TLC) is a group of young people who want to take a more active role in our library community. TLC makes book and informational displays, provides feedback on the direction of the Teen Space within the library, and even gets the chance to design and lead special programs.

Monthly meetings include snacks, social time, and fun. If you're interested in joining, email Megan Smith, msmith@thomas.lib.me.us, or stop by the downstairs desk and ask for an application!

MAKE YOUR OWN ECLIPSE T-SHIRT



Friday, March 29
3:30 - 4:30 pm

Ages 11+ Get ready for the total solar eclipse on April 8 by making a cool DIY t-shirt!

Register on our website.



SILENT BOOK CLUB (TEENS ONLY!)

Last Saturday of each month

Saturday, March 30
3:00 - 4:00 pm

Come meet new people and then ignore them. Welcome to the Silent Book Club, a cozy place where all you need is a book to read. Any book, any format, any chapter. No discussions, no suffering "that" book, no worries about not having enough copies for everyone. With this book club there's no pressure to finish an assigned book or have intellectual conversation. Bring your own book or find one while you're here. We will have a few minutes of low-key social time, and then silent reading time accompanied by coloring and light snacks. Past participation is not required--all teens are welcome!



COMMON VIBES

Thursdays
3:00 - 4:00 pm

Community, conversation, creativity. If you're a teen looking for any of the above, join us at Common Vibes, a new weekly meeting at TML just for people like you!

Whether you're in it for the crafts, the snacks, the experiences, or simply the chance to vent about whatever's on your mind, Common Vibes is a place and time where you can be yourself.

Drop in on Thursdays from 3:00 - 4:00 pm upstairs in the teen section to see what you can do at your local library!



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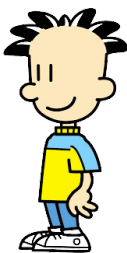
NEWS & EVENTS FOR KIDS & FAMILIES

MARCH
2024

See reverse for more!

CHARACTER OF THE MONTH

March is a "big" deal in the children's room: We're celebrating Portland (Maine!) illustrator Lincoln Peirce's character, **Big Nate!**



FOREST BATHING

at Fort Williams Park
with Sierra

Saturday, March 16
1:00 - 3:00 pm

Connect with the natural life around us as we make friends with a plant, draw a nature scene, and explore our environment through a sound map. Kids ages 5-13 are invited to join us at the Children's Garden at Fort Williams for a forest bathing experience. **Registration required!**

SEWING ADVENTURES BELT BAGS

Saturday, March 9
1:00 - 2:30 pm
For ages 8-14

Do you need to carry your stuff hands-free? Now you can! Join us as we design and make our own belt bags using hand stitching and machine sewing, and keep your essentials at your hip in style. **Registration required!**

NEW

TINKER TUESDAYS



For ages 7-12. Tinker, Create and Imagine! Join us twice a month in our Maker Lab and get your creativity on! We will have a designated project every Tuesday the program is held. Join your fellow tinkers and tinker away!

Tuesday, March 12th, 3:30 - 4:30
Fireworks in Oil & Water

Tuesday, March 26th, 3:30 - 4:30
Make A Simple Paper Kite!



Please stay home if anyone in your household is feeling sick!

Join us when everyone is healthy again.

WEEKLY PROGRAMS

MESSY MINIS

Mondays, 10:30 am (Ages 2 - 5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut, and paste together to make magic!

DRESS UP AND DANCE

Tuesdays, 10:30 am (Ages 2 - 5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song.

PLAY DATE @ THE LIBRARY

Wednesdays 10:30 - noon (Ages 0 - 5)

Drop-in play session for children and their caregivers. The Community Room is open for exploration during this time, with special toys and stations while you visit with friends!

READY FOR READING CLUB

Wednesdays, 1:30 pm (Ages 4+)

A special storytime program for children ages 4 and up. Join Miss Martha to enjoy longer stories, fun with music, and a variety of simple early learning games and activities.

TINY TUNES: JUST THE MUSIC, PLEASE!

Thursdays, 10:30 am (Ages 1-3)

Join us for a movement-based program that's a gentle introduction to the routines, songs, and props we use for story times, but without the books! Great for curious, wandering wigglers & their caregivers.

TRADITIONAL STORY TIME

Fridays, 10:30 am (Ages 3+)

Join us in the Community Room for songs and stories, bubbles, and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

SATURDAY FAMILY STORY TIME

Saturdays, 10:30 am (Ages 3+)

Join us for a special weekend edition of Story Time! It will feature all our favorites: songs and stories, bubbles, and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.



Children in grades K - 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog.

Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

Currently, Pumba the Pug is here some Tuesdays, and Lark is here every Wednesday afternoon!

LEGO CLUB

for ages 5 - 12

Children 10 and under must have an adult present



Usually meets first Tuesday of each month. This month:

Tuesday, March 5
3:30 - 4:30 pm

Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meeting! No registration necessary.



Thank you to TMLF for helping to make our programs and events possible! Scan the code below to learn more about them, or visit their website at

[ThomasMemorialFoundation.org](https://thomasmemorialfoundation.org)





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NEWS & EVENTS FOR KIDS & FAMILIES

See reverse for More!

MARCH
2024



FIRST FRIDAY ALL AGES BOARD GAME NIGHT!

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5:30 - 7:30 pm

Please register in advance!

Enjoy an after-hours evening of retro gaming at the library! We'll break out our collection of board games, puzzles, and playing cards, but participants are also welcome to bring a favorite. Spread out in the library and play with your friends, or challenge the people next to you! The library will provide drinks and snacks. Game Night is for all ages! (Children must be accompanied by an adult.)

Save the date for future Board Game Nights!



April 5
May 3
June 7
July 5
August 2
September 6
October 4
November 1
December 6

