

## **NEWS & EVENTS**

### FOR ADULTS



## WHAT IS AI

AND HOW DO WE USE IT FOR GOOD?

with Dr. Raj Saha



Wednesday, April 17 6:30 - 8:00 pm

via Zoom

This event will explore Artificial Intelligence in its historical and current contexts and examine the scope of how AI could change society. Along the way, we'll ask and address: Who owns AI? What are the ethical issues that come with using it? Should we be skeptical of the good and bad potential of Al, and what is required for using AI for the common good?

Please register in advance.

CAPE ELIZABETH GARDEN CLUB PRESENTS

#### **EVERY LITTLE STING** IS GONNA BEE ALRIGHT!



Thursday, April 18 6:30 - 8:00 pm in person





This month, CE Garden Club welcomes Jennifer Lund, Maine State Apiarist with the Department of Agriculture, Conservation and Forestry to the library. Jennifer where she'll discuss the various types of wild bees found in Maine, including their biology, foraging preferences and nesting requirements.

## WILLOW WEAVING THERAPEUTIC HORTICULTURE **WORKSHOPS**

with Laura Simonds-Rumpf & Colleen E. Griffin



Thursday, April 11 2:00 - 3:30

Saturday, April 20 11:30 - 1:00 pm

in person

April is the Celtic month of Willow (Salix) or Saille. Join us in welcoming spring as we utilize all of our senses and stimulate our creative juices by harnessing Willow's flexible nature. All are welcome, but attendance is limited...

Registration required.

#### FREE BLOOD PRESSURE AND/OR BLOOD SUGAR SCREENING



with the Cape Elizabeth Fire/Rescue Department

Wednesday, April 24 11:30 am - 12:30 pm

We are pleased to be able to partner with CE Fire/Rescue to offer this free monthly screening opportunity, which will take place on the last Wednesday of every month in the library's Community Room. Please register in advance on our website. Drop-ins are also wecome!

#### CAPE ELIZABETH RECYCLING COMMITTEE **PRESENTS**

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#### **NEXTREX PLASTIC FILM** RECYCLING CHALLENGE!

Cape Elizabeth is joining a plastic film recycling challenge sponsored by the maker of Trex ® composite decking.

The challenge will provide Cape Elizabeth a convenient bin for collecting recyclable plastic film like bread bags, bubble wrap, plastic mailers, and produce bags, which will be placed in the library's entryway.

Organizers are hoping to collect 1,000 pounds of plastic film over the course of a year.

The challenge begins on Earth Day, April 22.



## SPRINGTIME CLOTHING

Drop off your clean, gentlly used apparel for adults, as well as kids, beginning for adults, as well as kids, beginning Wednesday, April 17, for a clothing swap on Saturday, April 27.

See the library's website for complete details, or to sign up to be a volunteer!

CAPE ELIZABETH HISTORICAL PRESERVATION SOCIETY PRESENTS

### FROM TROLLEY PARK TO SEASIDE NEIGHBORHOOD

Harry E. Baker and the Development of Cape Cottage Park



Tuesday, April 9 6:30 - 8:00 pm

in person

Come hear the fascinating and nostalgic story of the Cape Cottage Casino area and its transition from trolley park to waterfront neighborhood. The tale starts with the construction of the Casino in 1898 and continues to 1942 and the beginning of World War II.

Presenter Chuck Drake will show vintage photos of the Casino and the houses subsequently built on the property, and share a short biography of Harry E. Baker, Cape's first town wide real estate developer and the driving force behind the transformation of the Casino property into the attractive neighborhood it is today. Join us for this exciting look back at a wellknown Cape Elizabeth seaside destination spot of 100 years ago. All are welcome!

## TRASH TALK MY JOURNEY TO A PLASTIC FREE LIFE

with Jodi Breau

Tuesday, April 23 6:30 - 7:30 pm

in person

Cape Resident Jodi Breau has spent years recycling, reducing, refusing, reusing and rotting everything in her home before it becomes waste. In 2022, she challenged herself to produce no more than one 30-gallon trash bin for the entire year. In this program, Jodi will share her zero-waste journey and offer tips on how you too can reduce plastic waste. All are welcome!

Get a head-start on your own Plastic Free Lifestyle by recycling plastic film at the library beginning on Earth Day, April 22, 2024!

<--See notice at left for more info!

### RECURRING EVENTS

Find details about our regularly occurring events on the other side of this page.



# DO YOU WANT TO CONNECT WITH OTHERS? ATTEND ONE OF OUR RECURRING GROUPS!

## FIRESIDE READING

Tuesdays 5:30 - 6:30 pm

### FIRESIDE WRITING

Thursdays 5:30 - 6:30 pm

You could sit at home and write, but will you? You could sit at home and read, but there are dishes to wash and the TV on the wall... Fireside Writing gives you the space and opportunity to work alongside fellow writers and reach your writing goals. Fireside Reading gives you the chance to settle in among other readers and spend some quality time reading. Join us by the fire for tea and quiet time among your fellow humans. No registration necessary!



### TALKING ABOUT DEATH

two monthly programs led by **Leona Oceania** of Die Well Death Education

No registration necessary-visit our website for more informaton!

#### Death Education Series: Session Seven Tuesday, April 2, 6:30 - 8:00 pm

In this seventh session we'll discuss VSED: Voluntary Stopping of Eating and Drinking, which is a legal option for any mentally capable, determined, well-informed person as a means to advance the time of their death. VSED requires significant caregiving and support, which we will discuss further.

#### Pond Cove Death Café Tuesday, April 16, 6:30 - 8:00 pm.

A monthly group-directed conversation about death with no agenda, objectives, or themes - with cake! (not a grief support or counseling session)

#### ANNUAL GABRIEL A. ZIMPRITCH POETRY SYMPOSIUM FEATURING

## POET MEG WESTON AND CEHS POETS

Thursday, April 25 6:30 - 7:30 pm

in-person

As the culmination of this year's Gabriel A. Zimpritch Poetry Symposium, student poets will be joined by poet **Meg Weston** in a reading open to the public. A selected group of high school students will have spent the day working on their own poems with Weston, and will share their work in an evening reading of their work.

All are welcome!

#### **Eldering Conversation Group**

Wednesdays, 1:00 - 2:00 pm (in-person & via Zoom)

Talk, share, or just listen to what neighbors, friends, and members of our community have to say about their experiences.

#### Songwriting Workshop, with Jud Caswell

1st Tuesday, 6:30-8:00 pm (in-person)

Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us to bring in your work and get expert advice from award-winning songwriter, Songwriters of all levels and abilities are welcome!

#### **Afternoon Book Group**

3rd Thursday, 3:00 - 4:00 pm (in-person & via Zoom)

Our adult book group is lead by Access Services Librarian **Kevin Goody**. Book selections are chosen by the group each month for the following meeting, and alternate between fiction and nonfiction titles.

#### **Big Little Lit: Children's Books for Grownups**

3rd Wednesday of the month, 11:00 am - 12:00 pm (in person AND via Zoom)

Library Director Rachel Davis was TML's Children's Librarian for 27 years. Join her at this monthly book group for adults, featuring outstanding literature written for children, but enjoyable at any age.





We're welcoming spring with a

flower fairies! We'll have fun

celebration of Cicely Mary Barker's

activities throughout the month like

can try your hand at drawing your

our popular scavenger hunt, and you

own fairy and sharing it with the TML

librarians, who will put it on display!

CALLING ALL WRITERS!

Are you a young writer looking for a way to

focus on exploring the imagination through fiction, poetry, and creative nonfiction.

practice your craft? Our new groups will

Visit our website for more information!

CHARACTER OF THE MONTH

## **NEWS & EVENTS**

FOR KIDS, TEENS & FAMILIES

## **WEEKLY PROGRAMS**

#### **MESSY MINIS**

Mondays, 10:30 am (Ages 2 - 5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut, and paste together to make magic!

#### DRESS UP AND DANCE

Tuesdays, 10:30 am (Ages 2 - 5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song.

### **TINY TUNES:** JUST THE MUSIC. PLEASE!

Thursdays, 10:30 am (Ages 1-3)

Join us for a movement-based program that's a gentle introduction to the routines, songs, and props we use for story times, but without the books! Great for curious, wandering wigglers & their caregivers.

#### TRADITIONAL STORY TIME

Fridays, 10:30 am (Ages 3+)

Join us in the Community Room for songs and stories, bubbles, and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

#### SATURDAY FAMILY STORY TIME

Saturdays, 10:30 am (Ages 3+)

Join us for a special weekend edition of Story Time! It will feature all our favorites: songs and stories, bubbles, and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

**Springtime** 

**CLOTHING SWAP** 

Offered in Partnership with the

Town of Cape Elizabeth Recycling Committee

Saturday, April 27

12:00 - 3:00 pm

Donations will be accepted beginning

Wednesday April 17

Volunteer to help set-up, run, or take-

down the event and receive extra early

preview "shopping" privileges! Visit our

website for complete details!

First Thursday

3:30 - 4:30 pm

Ages 10 - 12

of each month

This month: April 4 Next month: May 2

Ages 13+

no Writers Gro

Second Saturday of each month 2:00 - 3:00 pm

This month: April 13 Next month: May 11







Please stay home if anyone in your household is feeling sick!

Join us when everyone is healthy again.



Children in grades K - 6, especially struggling or lessthan-confident readers, are invited to sign up for 15minute time slots to read with a certified therapy dog.

Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

Check in the Children's room for more information!

#### LEGO CLUB

for ages 5 - 12 Children 10 and under must have an adult present

Usually meets first Tuesday of each month. This month:

> Tuesday, April 2 3:30 - 4:30 pm

Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meeting! No registration necessary.



Thank you to TMLF for helping to make our programs and events possible!Scan the code below to learn more about them, or visit their website at

Thomas Memorial Foundation.org

