



THOMAS
MEMORIAL
LIBRARY

NEWS & EVENTS

FOR ADULTS

MORE ON THE
OTHER SIDE! 

JUNE
2025



FREE FOR ALL THE PUBLIC LIBRARY

Film screening and Panel Discussion

Tuesday, June 3
6:30 - 8:00 p.m.

Indie Lens Pop-Up, presented by ITVS, INDEPENDENT LENS, and Thomas Memorial Library, are hosting this special event featuring a shortened, preview version of the PBS film "Free for All: The Public Library" and a panel discussion with TML librarians Allyson Frick, Amy Hannaford, and Sasha Kohan. The film tells the story of the quiet revolutionaries who created a civic institution where everything is free and the doors are open to all.

The public library is one of America's most valued yet endangered institutions. Director Dawn Logsdon travels the United States discovering historic and modern-day figures, especially women, who contributed to the library's integral position within democracy. "Free for All: The Public Library" chronicles the evolution of the nation's public libraries, tracing the battles over who can enter, what belongs there, and who makes these decisions, while exploring how public commons are defined and defended.



MINDFULNESS PRACTICES FOR SELF-CARE IN A STRESSFUL WORLD

with Heidi Whelan

Thursday, June 12
6:30 - 8:00 pm

Join us for an experiential class on mindfulness. Mindfulness teacher Heidi Whelan, will guide us through several mindfulness practices such as: awareness of breath and body meditation, body scan, and walking meditation. Information will be presented on how the brain perceives stress and how mindfulness can interrupt the fight and flight responses that keeps us in a reactive state. Group discussion time is built into the program so we can all share our experience with the practices.

Limited to 12 participants. Registration required.

LGBTQ+ HISTORY & COLLAGE

with Kimm Topping



Saturday, June 7
1:00 - 2:30pm

Join us for a creative mixed-media collage workshop exploring LGBTQIA+ history and activism through art. Participants will use historical images, dried florals, and personal stories to create meaningful pieces.

Open to all ages.

THE ETHICS OF TRUE CRIME

with Sharon Kitchens



Thursday, June 26
6:30 - 8:00 pm

Maine writer Sharon Kitchens (author of *Stephen King's Maine*) is back with a brand new piece of creative nonfiction along with unique insights to share about the process of researching and writing it.

Sharon's latest book, *The Murder of Dorothy Milliken: Cold Case in Maine*, tells the story of an unsolved 1976 murder that took place outside a laundromat in Lewiston. In this retelling of the crime, Sharon will also talk about the leads she uncovered, roadblocks to the research, and how true crime can be created and consumed ethically, finding balance between coverage and curiosity of victims as well as perpetrators. Anyone interested in true crime is sure to be fascinated by Dorothy's story as well as Sharon's unique understanding of the genre.



Read for Resilience
Read for Kindness
Read for Good

Register for Our Summer Reading Challenge June 16!



THOMAS
MEMORIAL
LIBRARY

NEWS & EVENTS FOR ADULTS

MORE ON THE
OTHER SIDE!



JUNE
2025

FILM SCHOOL



SCREENING & DISCUSSION

Tuesday, June 24
5:00 - 8:00 pm

Join Community Engagement Librarian and former film student **Sasha Kohan** each month as we watch a movie followed by a wide-ranging discussion. This month we're celebrating all things *Pride* with Todd Haynes' 2015 drama *Carol*. Based on the 1952 novel by Patricia Highsmith, *Carol* is a lush historical romance between two women, played effervescently by Cate Blanchett and Rooney Mara. The film received a ten-minute standing ovation at Cannes!

Come just for the movie and popcorn or stay for the conversation afterward too!

SUPPORT CIRCLE FOR PARENTS OF CHILDREN AND ADULTS WITH DISABILITIES



Saturday, June 28
10:30 - 11:30 am

Come participate in an informal monthly discussion group to share and learn from each other. Meets on the last Saturday of every month through August in the library's Conference Room. Light refreshments will be provided.

Please register on our website.

SENIOR SOCIAL HOUR

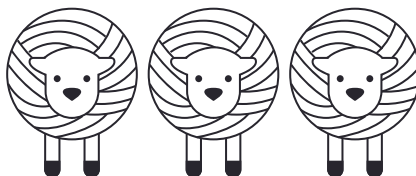
Wednesdays, 1:00 - 2:00 p.m.



Older adults are welcome to stop by for coffee, tea, snacks, and conversation. Some weeks we have live music, other weeks informational presentations, and always a relaxed time to catch up with old friends and make new ones. Check our website for this month's special guests and topics!

KNITTING GROUP

Mondays, 1:00 - 3:00 pm
in the library's Community Room



Join a lively community of knitters while you work on your own projects! Swap tips and patterns and enjoy camaraderie, coffee, and conversation!

No registration necessary, but you can visit our website to sign up for email notices for storm and holiday closures and other occasional notifications (such as news about new library knitting resources!)

MONTHLY GROUPS

Death Café

1st Thursday, 6:30 - 8:00 p.m.

Talk, share, or just listen to what neighbors, friends, and members of our community have to say about their experiences.

Songwriting Workshop

with Jud Caswell

1st Tuesday, 6:00 - 8:00 pm

Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us to bring in your work and get expert advice from an award-winning songwriter. Songwriters of all levels and abilities are welcome! Please register on the library's website.

ZOOM
EVENT

Afternoon Book Group

3rd Thursday, 3:00 - 4:00 pm
(in-person & via Zoom)

Our adult book group is led by Access Services Librarian **Kevin Goody**. Book selections are chosen by the group each month for the following meeting and alternate between fiction and nonfiction titles.

FREE BLOOD PRESSURE AND/OR BLOOD PRESSURE SCREENING

with the Cape Elizabeth Fire/Rescue Department



Wednesday, June 25
11:30 - 12:30 pm

Stop in for a free screening. No registration is necessary, but if you'd like to reserve a spot please sign up on our website. Please be aware that if the EMTs have to attend to a call they may not be available at the library on their scheduled day.



Thank you to TMLF for helping to make our programs and events possible!
Scan the code to learn more, or visit their website at ThomasMemorialFoundation.org





THOMAS
MEMORIAL
LIBRARY

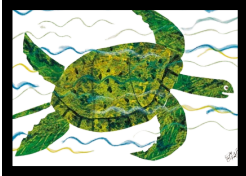
NEWS & EVENTS FOR KIDS & FAMILIES



JUNE
2025

ILLUSTRATOR OF THE MONTH

ERIC CARLE



Find all 5 illustrations around the children's room, then come to the desk for a prize!

SUMMER READING STARTS JUNE 16!



Read for Resilience
Read for Kindness
Read for Good

June 16 - August 23



Children in grades K - 6, especially developing readers, may sign up for 15-minute time slots to read with a certified therapy dog.

Check out our
schedule and
register here!



MY FIRST BOOK CLUB

For children ages 6-8 and caregivers.
Registration required.



Scan to
register!

Tuesday, June 17
3:30 - 4:15 pm

My First Book Club meets every third Tuesday of the month. Each month is its own program, so sign up for any that work for you. As a group, we'll complete a read-along, participate in discussions and dive into a brief craft or game.

May's featured book is *Isla of Adventure # 1* by Dela Costa. Each attendee will get a copy of the book that we read to take home!

SPECIAL STORY TIME AND PINE CONE CRAFT WITH LOCAL AUTHOR ELISA BOXER

Saturday, June 14
10:30 - 11:30 am



Hear the true story of a pine cone that can only grow new life when it faces fire! Join local author Elisa Boxer for a story time and Q&A - bring your questions about books, writing, publishing, or anything! After the story, we'll make pine cone hedgehogs.

Every child will get to take home a bookmark and a print featuring art from the book, *Pine Cone Regrown: How One Species Thrives After Fire*. **No registration required.**



Thank you to TMLF for helping to make our programs and events possible! Scan the code to learn more about them, or visit their website at ThomasMemorialFoundation.org

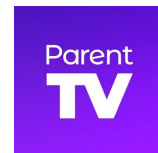


LEGO CLUB

For ages 5-12. Children 9 and under must have an adult present.

Tuesday, June 3
Tuesday, July 1
3:30 - 4:30 pm

Free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meeting! No registration necessary.



A virtual library of parenting videos and resources right at your fingertips.

Scan the QR code to access and enter your library card number, no PIN required.



THOMAS
MEMORIAL
LIBRARY

NEWS & EVENTS FOR KIDS & FAMILIES



JUNE
2025

CHEWONKI TIDE POOLS



Friday, June 27
2:00 - 3:00 pm

Registration required. For all ages.

The tide pool is home to a variety of species whose unique adaptations allow them to maintain stability in a world that is in a constant state of change. Using this interactive traveling display, participants will dip their hands into the three zones of Maine's rocky intertidal ecosystem and touch some of the ocean's most magnificent species.

Scan to
register!



SUPPORT CIRCLE FOR PARENTS OF CHILDREN AND ADULTS WITH DISABILITIES



Saturday, June 28
10:30 - 11:30 am

Participate in an informal monthly discussion group to share and learn from each other. Meets on the last Saturday of every month, March - August, in the library's Community Room. Light refreshments will be provided. Registration required, scan the QR code to sign up.



Register
here!

PROGRAM CAPACITY

To avoid requiring advance registration, **we are capping attendance at 30 for each program, unless otherwise stated.** Arrive early to secure your spot!

**THE LIBRARY WILL BE CLOSED
ON THURSDAY, JUNE 19 FOR
THE JUNETEENTH HOLIDAY.**

WEEKLY PROGRAMS FOR LITTLE ONES

MESSY MINIS

Mondays, 10:30 - 11:00 am
(Ages 2 - 5)

Let your imagination run wild and join us for Messy Minis in the Community Room. Let's color, cut, and paste together to make magic! For budding artists ages 2-5 or anyone who enjoys creative play.

NEW! BABY STORY TIME

Tuesdays, 12:00 - 12:45 pm
(Ages 0 - 18 months)

Join Family Engagement Assistant Sarah Gabrielson for 20 minutes of short stories, finger plays, rhymes, songs, and movements, followed by free time to play and chat! **Capacity: 25 people**



TODDLER STORY TIME

Thursdays, 10:30 - 11:00 am
(Ages 18 - 36 months)

For children who are not ready for a traditional story time but who love to sing songs, move their bodies, and listen to brief stories. This gentle introduction to the routines and props of story time is great for curious, wandering wigglers and their caregivers.

FAMILY STORY TIME

Fridays, 10:30 - 11:00 am
(Ages 3 - 5)

Join us in the Community Room for songs, stories, and Belinda the Bear! Geared toward children ages 3-5 or anyone who enjoys listening to a solid two stories.

SPECIAL PROGRAMMING

Saturdays in the Summer

Check out the library events calendar for more information about special summer programs!

NEW DATABASE!

MANGO LANGUAGES AND LITTLE PIM



Learn more
and sign up on
our website!



Learn a new language for free! Choose from 70 languages, and for our youngest learners ages 0-5, try out Little Pim. You can even take a course in American Sign Language! All you need is a TML library card!

SUPPORTING CHILDREN EXPERIENCING LOSS PLAY GROUP



Scan to
register!



Saturday, June 7
10:30 - 11:30 am

Children and caregivers can participate in a play group with the Center for Grieving Children's Sara Asch. Learn ways to safely explore and express feelings of loss. A toy kitchen, dress up toys, puppets and an infant area will be set up for quiet play. If older kids register, we will plan quiet activities for them as well. Please bring a sense of curiosity! **Capacity: 25 people**

**Registration required. For
caregivers and children of
all ages.**

BUILD A BETTER WORLD, BE A BOOK FAIRY!



Saturday, June 21
10:30 - 11:30 am

Babies need books, and you can help! Bring your gently-used, gift-quality board books to our Book Fairy Party.

Join TML and Pam Leo, founder of the Book Fairy Pantry Project, to make your own Book Fairy crown, hear a story, and play in our play center. Light refreshments will be provided. All donors will receive their very own pair of fairy wings!

**We are only able to accept
donations on the day of the
event. Thank you for your
understanding.**



THOMAS
MEMORIAL
LIBRARY

NEWS & EVENTS FOR TWEENS & TEENS



JUNE
2025



VENTURE CLUB

Wednesdays
2:30 - 4:30 pm
(ages 14+)

Continuing all summer long!

Venture Club is a teen-led board/card game and D&D club, with an emphasis on board games. We'll try to play new games every week. No prior gaming experience is needed! Venture Club takes place every Wednesday afternoon in the library's Community Room. No registration necessary, please visit our website for more information.



Visit our Teen page to learn more about new books, featured events, and more!



**THE LIBRARY WILL BE
CLOSED FOR THE
JUNETEENTH HOLIDAY
ON THURSDAY, JUNE 19.**

CHEWONKI TIDE POOLS



Friday, June 27
2:00 - 3:00 pm

Registration required. For all ages.

The tide pool is home to a variety of species whose unique adaptations allow them to maintain stability in a world that is in a constant state of change. Using this interactive traveling display, participants will dip their hands into the three zones of Maine's rocky intertidal ecosystem and touch some of the ocean's most magnificent species.



Scan to
register!

NEW DATABASE! MANGO LANGUAGES



**LANGUAGE IS
AN ADVENTURE**

Learn a new language for free! Choose from over 70 languages, including American Sign Language. Download the app to access it on the go. All you need is a TML library card!



Learn more
and sign up on
our website!



Thank you to TMLF for helping to make our programs and events possible! Scan the code below to learn more about them, or visit their website at ThomasMemorialFoundation.org



#LIBRARYSQUAD

For ages 11 - 13

**Meets the first Friday of the
month**

2:45 - 3:45 pm

Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions, ideas, and feedback help form the foundation of our programming. Ask the children's desk for more info.

Coming up: June 6*

***Library Squad will break for
summer and resume September
2025!**

SPOTLIGHT ON: COMICS PLUS



Scan the code to start
reading!

With your library card, you have unlimited access to thousands of digital comics, graphic novels, and manga with no holds or wait lists!



THOMAS
MEMORIAL
LIBRARY



NEWS & EVENTS FOR TWEENS & TEENS



JUNE
2025

HAPPY PRIDE MONTH

LGBTQ+ HISTORY AND COLLAGE WORKSHOP WITH KIMM TOPPING



Register here!

Saturday, June 7
1:00 - 2:30 pm

Join us for a creative mixed-media collage workshop exploring LGBTQIA+ history and activism through art. Participants will use historical images, dried florals, and personal stories to create meaningful pieces. **Open to all ages.** Please scan the QR code to register.

Kimm Topping, Ed.M., is an artist-educator, writer, and historian dedicated to preserving LGBTQIA+ history. Their first book, *Generation Queer*, is a nonfiction YA highlighting the stories of LGBTQIA+ youth activists. Their historic tours of Cambridge and New York City spotlight queer and feminist activism from the 1970s to the 1990s, and their series, *Mapping Feminist Cambridge*, is available through the Cambridge Women's Commission.



OUTMAINE: TEEN MOVIE NIGHT AND CAREGIVERS' SUPPORT GROUP



Scan to register!



OUTMAINE

Friday, June 13
6:00 - 8:00 pm

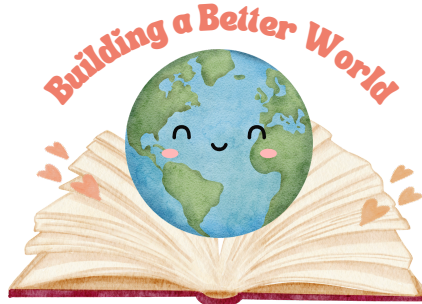
Registration required. Ages 13-18.

Celebrate Pride Month with an after-hours movie night! Teens, join us for a showing of *Mean Girls* (2024), complete with popcorn, pizza, and cozy seating. It may not be a Wednesday, but we will still be wearing pink!

Parents and caregivers will attend a facilitated discussion and social led by OUTMaine. Bring your questions, find support, and build connections.

THOMASMEMORIALLIBRARY.ORG

SUMMER READING STARTS JUNE 16!



Read for Resilience
Read for Kindness
Read for Good



June 16 - August 23

Tween and Teen Program (Ages 12-17): Pick up a bingo card downstairs and complete all 16 challenges to fill your card. A completed card gives you a chance to win one of three gift cards to some of our favorite local businesses, and entry into a raffle for our teen grand prize. You'll get a sticker for signing up!

Complete as many bingo cards as you like for more chances to win gift cards and the grand prize! *Teens can also choose to participate in the read and bead program.* Ask library staff for more details!

DUNGEONS AND DRAGONS... COMING TO A LIBRARY NEAR YOU



Pre-registration is required.
Registration link coming soon!

Teen Campaign (Ages 14+) begins
Tuesday, July 8 at 1:30 pm.

Tween Campaign (Ages 11-13) with Thom
the Tabletop Guy begins Friday, July 11 at
1:00 pm.

THE ETHICS OF TRUE CRIME WITH SHARON KITCHENS

Maine author Sharon Kitchens (author of *Stephen King's Maine*) is back with her latest book. *The Murder of Dorothy Milliken: Cold Case in Maine* is the story of an unsolved 1976 murder that took place outside a laundromat in Lewiston.

In this retelling of the crime, Sharon will also talk about the leads she uncovered, roadblocks to the research, and how true crime can be created and consumed ethically, finding balance between coverage and curiosity of victims and perpetrators. Anyone interested in true crime is sure to be fascinated by Dorothy's story, as well as Sharon's unique understanding of the genre. **For ages 15+.**



Thursday, June 26
6:30 - 8:00 pm



6 SCOTT DYER ROAD CAPE ELIZABETH, ME 04107 207-799-1720